

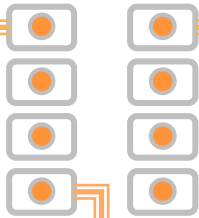
# HELPING YOUR CHILD MANAGE CYBER CONTACTS



## Who are Cyber Contacts?

Cyber contacts are people whom we interact with online. It is difficult to know the real identity behind the computer screen as they can pretend to be someone they are not.

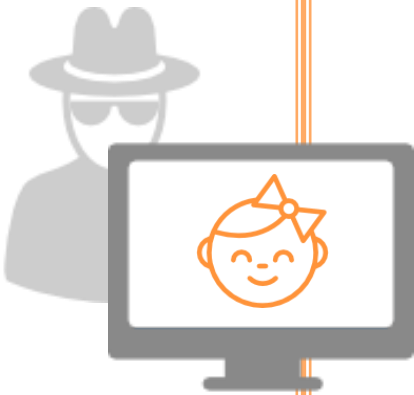
Some cyber contacts could be strangers and there could be potential danger if they are not truthful.



## What Should Your Child Do to Avoid Potential Harm from Cyber Contacts?



- Ignore messages or friend requests from strangers.
- Be discerning and evaluate information provided by the cyber contact.
- Avoid giving away personal information, sending personal photos, or acceding to any inappropriate requests.
- Avoid meeting a cyber contact face-to-face without checking with a trusted adult.



## What if Your Child is Troubled by Cyber Contacts...

- Stay calm and listen to your child to understand the situation.
- Give your child the necessary social and emotional support.
- Help your child to block the cyber contact.
- Help your child to save a copy of the conversation through a screenshot, inform the site administrator or webmaster.

## KEY MESSAGES TO PARENTS

Promote and role model safe and responsible behaviour online and offline.

Set safety rules and know who your child is communicating with online.

Educate your child on online safety practices to avoid any harm from cyber contacts.

Maintain good communication with your child.



### Where to Find More Information on Managing Cyber Contacts?



#### MOE Cyber Wellness portal

MOE's Cyber Wellness Portal has useful tips, strategies and resources on various cyber issues. You can also access it through "The ICT Connection" mobile app.  
[ictconnection.moe.edu.sg/cyber-wellness](http://ictconnection.moe.edu.sg/cyber-wellness)



#### National Library Board

Check out the S.U.R.E. website which contains resources on information literacy, including an infographic on how to be vigilant against online predators.  
[nlb.gov.sg/sure/be-vigilant-against-online-predators/](http://nlb.gov.sg/sure/be-vigilant-against-online-predators/)



#### Media Literacy Council

Check out tips from the Media Literacy Council on making friends online.  
[medialiteracycouncil.sg/online-safety/Pages/making-friends-online.aspx](http://medialiteracycouncil.sg/online-safety/Pages/making-friends-online.aspx)



#### Cyber Security Agency

The Gosafeonline website contains resources on cybercrime and cyber security, including a Cyber Safety activity book for children.  
<http://www.csa.gov.sg/gosafeonline/go-safe-for-me>

